

**Important:** This degree plan is effective for those starting this degree program in fall 2024 through summer 2025. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations or cognates.

**GENERAL EDUCATION/**

**FOUNDATIONAL SKILLS REQUIREMENTS (40-43 hours)**

Course		Hrs	Sem	Grade
<b>Communication &amp; Information Literacy (12 hours)<sup>1</sup></b>				
ENGL 101	Composition & Rhetoric	3	_____	_____
_____	Communications Elective	3	_____	_____
_____	Information Literacy Elective	3	_____	_____
_____	Information Literacy Elective	3	_____	_____
<b>Technological Solutions &amp; Quantitative Reasoning (4-7 hours)<sup>1</sup></b>				
UNIV 101	Foundational Skills	1	_____	_____
MATH _____	Math Elective (MATH 114 or higher)	3	_____	_____
_____	Technology Competency <sup>2</sup>	0-3	_____	_____
<b>Critical Thinking (5 hours)<sup>1</sup></b>				
RLGN 105	Intr Bwvw/Contemp Moral Issues <sup>3</sup>	2	_____	_____
_____	Critical Thinking Elective	3	_____	_____
<b>Civic &amp; Global Engagement (5 hours)<sup>1</sup></b>				
EVAN 101	Evangelism & Christian Life <sup>3</sup>	2	_____	_____
_____	Cultural Studies Elective	3	_____	_____
<b>Social &amp; Scientific Inquiry (6 hours)<sup>1</sup></b>				
_____	Natural Science Elective	3	_____	_____
_____	Social Science Elective <sup>4</sup>	3	_____	_____
<b>Christianity &amp; Contexts (8 hours)<sup>1</sup></b>				
BIBL 105	Old Testament Survey	2	_____	_____
BIBL 110	New Testament Survey	2	_____	_____
THEO 201	Theology Survey I <sup>3</sup>	2	_____	_____
THEO 202	Theology Survey II <sup>3</sup>	2	_____	_____

Course		Hrs	Sem	Grade
<b>Major Foundational Courses (4-18 hours)</b>				
BIOL 203	Introductory Microbiology <sup>5</sup>	4	_____	_____
BIOL 213	Human Anatomy & Physiology I <sup>5,6</sup>	3	_____	_____
BIOL 214	Human Anatomy & Physiology I Lab <sup>5,6</sup>	1	_____	_____
BIOL 215	Human Anatomy & Physiology II <sup>5,6</sup>	3	_____	_____
BIOL 216	Human Anatomy & Physiology II Lab <sup>5,6</sup>	1	_____	_____
HLTH 216	Personal Health <sup>5</sup>	3	_____	_____
MATH 201	Introduction to Probability & Statistics <sup>5</sup>	3	_____	_____

**MAJOR**

<u>Core (22 hours)</u>				
CRST 290	History of Life	3	_____	_____
HLTH 301	Foundations of Public Health	3	_____	_____
HLTH 350	Intro. to Public & Community Health	3	_____	_____
HLTH 370	Intro. to Enviro. Hazards & Response	3	_____	_____
HLTH 420	Principles of Bhvr. Ch. & Hlth. Couns.	3	_____	_____
HLTH 444	Principles of Epidemiology & Biostat.	3	_____	_____
HLTH 453	Program Planning & Eval. In Hlth. Ed.	3	_____	_____
NURS 105	Medical Terminology	1	_____	_____
<u>Concentration (28 hours)</u>				
CHEM 107	Essentials of General and Organic Chem.	4	_____	_____
EXSC 310	Physiology of Exercise	3	_____	_____
HLTH 252	Drugs in Society	3	_____	_____
HLTH 330	Human Nutrition	3	_____	_____
HLTH 452	Methods & Materials in Comm. Hlth Ed	3	_____	_____
HLTH 488	Chronic & Infectious Diseases	3	_____	_____
HLTH 499	Prof. Internship in Hlth. Promotion	3	_____	_____
HLTH _____	Health Elective <sup>7</sup>	3	_____	_____
HLTH _____	Health Elective <sup>7</sup>	3	_____	_____

**FREE ELECTIVES (9-26 hours)**

_____	_____	-	_____	_____
_____	_____	-	_____	_____
_____	_____	-	_____	_____

**Notes**

*All applicable prerequisites must be met*

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in foundational skills requirements

<sup>2</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>3</sup>Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 & EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 & THEO 202 waived

<sup>4</sup>PSYC 101 is strongly recommended

<sup>5</sup>Courses may also fulfill select General Education Requirements. Please refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened)

<sup>6</sup>A minimum grade of "C" is required in BIOL 213, 214, 215 & 216

<sup>7</sup>Choose from a 100-400 level HLTH course not already required in the major

*Suggested Course Sequence on second page*

**Graduation Requirements**

120 Total Hours

2.0 Overall grade point average

30 Hours must be upper-level courses (300-400 level)

**Grade of 'C'** Minimum required for all upper-level courses in the major

50% Of major and concentration taken through Liberty University

30 Hours must be completed through Liberty University

**Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

**CSER** All requirements must be satisfied before a degree will be awarded

## SUGGESTED COURSE SEQUENCE

### FRESHMAN YEAR

First Semester		Second Semester	
BIBL 105	2	BIBL 110	2
ENGL 101	3	BIOL 215	3
UNIV 101	1	BIOL 216	1
Information Literacy Elect. <sup>1</sup> [HLTH 216]	3	RLGN 105	2
Natural Science Elective <sup>1</sup> [BIOL 213/214]	3/1	Communications Elective <sup>1</sup>	3
NURS 105	1	Information Literacy Elective <sup>1</sup>	3
CSER	<u>0</u>	Technology Competency <sup>2</sup>	0-3
Total	14	CSER	<u>0</u>
		Total	14-17

### SOPHOMORE YEAR

Elective	3	BIOL 203	4
THEO 201	2	THEO 202	2
Math Elective <sup>1</sup> [MATH 201]	3	CHEM 107	4
HLTH 252	3	HLTH 301	3
HLTH 350	3	HLTH 370	3
CSER	<u>0</u>	CSER	<u>0</u>
Total	14	Total	16

### JUNIOR YEAR

Critical Thinking Elective <sup>1</sup>	3	Cultural Studies Elective <sup>1</sup>	3
Social Science Elective <sup>1,3</sup>	3	CRST 290	3
EXSC 310	3	HLTH 330	3
HLTH 420	3	HLTH 452	3
Elective	3	HLTH 488	3
CSER	<u>0</u>	CSER	<u>0</u>
Total	15	Total	15

### SENIOR YEAR

HLTH 444	3	EVAN 101	2
HLTH 453	3	HLTH 499	3
Health Elective <sup>4</sup>	3	Health Elective <sup>4</sup>	3
Elective	3	Elective	3
Elective	3	Elective	3
CSER	<u>0</u>	Elective	2
Total	15	CSER	<u>0</u>
		Total	16

#### Notes

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<sup>3</sup>PSYC 101 is strongly recommended

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