

# DRESS CODE

To create a safe environment for members, proper attire must be worn in LaHaye Recreation & Fitness Center at all times including:

---

## MODEST CLOTHING

- Clothing should cover all aspects of the chest, mid-section (including sides), and waist to approximately mid-thigh
- No exposed buttons, metal rivets, or zippers likely to damage equipment
- Cut-off sleeves and tank tops are permitted but must cover the nipples, spine, and sides can be cut no lower than the bottom of the rib cage
- Clothing should provide sufficient coverage to avoid direct skin contact with mats, benches, and other equipment to minimize the risk of contamination or infection. (i.e. shirts covering the entire midsection of the body)

## ATHLETIC SHOES

- Must be closed-toe with a rubber sole
- No spikes, turf shoes, or cleats
- No sandals or flip flops outside of locker rooms
- No muddy or dirty shoes

## SWIMSUITS

- Women: Modest one-piece or tankini; no bare midsection
- Men: Modest short-style bottoms/jammers; no briefs/speedos

## THE LIBERTY WAY MUST BE FOLLOWED AT ALL TIMES.

CAMPUS RECREATION STAFF MAY DETERMINE ANY ITEM OF CLOTHING UNACCEPTABLE AND WILL ADDRESS POTENTIAL VIOLATIONS OF THESE RULES WITH FACILITY USERS. CONCERNS ABOUT THE RULE OR ITS ENFORCEMENT MAY BE ADDRESSED TO LAHAYEREC@LIBERTY.EDU.