

Deep Hollow Trail 5K
Lynchburg, VA October 15, 2011 8:10am

Place	Name	Ag	S	City	St	Time	Pace
1	Tim Shafer	20	M	Painesville	OH	19:11	6:12
2	Mike Richardson	20	M	North Highlands	CA	20:41	6:41
3	David Glass	46	M	Lynchburg	VA	21:04	6:48
4	Matthew Benson	19	M	Lynchburg	VA	21:15	6:52
5	Joe Lane	18	M	Morgantown	WV	21:16	6:52
6	Brandon Hedrick	16	M	Gladstone	VA	21:17	6:52
7	Zachary Myers	19	M	Lynchburg	VA	21:22	6:54
8	Steve Thomas	23	M	Lynchburg	VA	21:35	6:58
9	Daniel Werning	18	M	Lynchburg	VA	22:13	7:10
10	Robert Ingersoll	20	M	Lynchburg	VA	22:22	7:13
11	Strom Carter	25	M	Lynchburg	VA	22:32	7:17
12	James Melrose	17	M	Lynchburg	VA	22:37	7:18
13	Jared Abramewicz	21	M	Lynchburg	VA	23:05	7:27
14	Felix Lopez	58	M	Lynchburg	VA	23:16	7:31
15	Thandizo sibande	30	M	lynchburg	VA	23:27	7:34
16	Tim Ernest	48	M	Lynchburg	VA	23:31	7:36
17	Mike DeLong	44	M	Lynchburg	VA	23:45	7:40
18	Steven Sparks	18	M	Upperco	MD	24:14	7:50
19	Georgianna Estell	24	F	Lynchburg	VA	24:18	7:51
20	Celia Lee	18	F	Sweet Briar	VA	24:20	7:51
21	Kelsey Barta	18	F	Lynchburg	VA	24:30	7:55
22	Heather Melin	20	F	Lynchburg	VA	24:33	7:56
23	Shelley Stephens	37	F	Evington	VA	24:46	8:00
24	Amanda King	19	F	Lynchburg	VA	24:51	8:01
25	Joshua Rochon	30	M	Dearborn	MI	25:21	8:11
26	Michelle Messier	20	F	Sweet Briar	VA	25:25	8:12
27	Erika Peiffer	19	F	Wyomissing	PA	25:33	8:15
28	Brad Blackburn	32	M	Fort Myers	FL	25:34	8:15
29	Tim Perry	48	M	Lynchburg	VA	25:37	8:16
30	Rachel Hill	21	F	Fort Collins	CO	25:41	8:18
31	Adam Pannabecker	21	M	Crozet	VA	25:44	8:19
32	Justin Merrick	23	M	Forest	VA	25:55	8:22
33	James Mitchell	20	M	Manassas	VA	26:22	8:31
34	Erin Sharick	18	F	Lynchburg	VA	26:26	8:32
35	Ben Taylor	21	M	Springdale	AR	26:33	8:34
36	Mary Christenson	19	F	Mt. Bethel	PA	26:38	8:36
37	Brandon Kreisel	19	M	Lynchburg	VA	26:40	8:37
38	Emily Brooks	18	F	Lynchburg	VA	26:41	8:37
39	Jess Graham	20	F	Lynchburg	VA	26:47	8:39
40	Jeff Wehberg	19	M	Lynchburg	VA	26:50	8:40

41	Renee Orth	19	F	Lynchburg	VA	26:53	8:41
42	Caitlyn Mello	19	F	Lynchburg	VA	26:56	8:42
43	Sarah Taylor	31	F	Roanoke	VA	27:11	8:47
44	CHRISTIE DELONG	39	F	BEDFORD	VA	27:13	8:47
45	Bryan Wheeler	20	M	Lynchburg	VA	27:23	8:50
46	Suzannah Feldman	20	F	Lynchburg	VA	27:23	8:50
47	Sarah Singer	19	F	Lynchburg	VA	27:25	8:51
48	Michael Conche	20	M	Lynchburg	VA	27:32	8:53
49	Stephanie Barrick	25	F	Forest	VA	27:33	8:54
50	Lydia Marsh	21	F	Lynchburg	VA	27:33	8:54
51	Joy Lippard	20	F	Lynchburg	VA	27:35	8:54
52	Kathryn Sibande	28	F	lynchburg	VA	27:47	8:58
53	Steve Pettit	53	M	Forest	VA	27:59	9:02
54	Sarah Melrose	19	F	Sweet Briar	VA	28:00	9:02
55	Caroline Ladson	18	F	Sweet Briar	VA	28:00	9:02
56	Kate Waller	28	F	Lynchburg	VA	28:14	9:07
57	Abigael Manzoni	19	F	Lynchburg	VA	28:16	9:08
58	Terence Sanford	22	M	Virginia Beach	VA	28:18	9:08
59	Alexis Rukenbrod	20	F	Amherst	VA	28:25	9:10
60	Katie Brucker	21	F	Lynchburg	VA	28:28	9:11
61	Joy James	28	F	Lynchburg	VA	28:30	9:12
62	Sarah Chittwood	21	F	Lynchburg	VA	28:32	9:13
63	Melissa Anderson	20	F	Crozet	VA	28:32	9:13
64	Brandon Frederick	24	M	Lynchburg	VA	28:33	9:13
65	Daniel Ward	47	M	Bristol	NH	28:33	9:13
66	Ashley Renee Denson	26	F	Lynchburg	VA	28:52	9:19
67	amarilis betancourt	20	F	Lynchburg	VA	28:53	9:20
68	Lauren Averette	21	F	Lynchburg	VA	28:57	9:21
69	Heidi Dalton	27	F	Hurt	VA	29:11	9:25
70	Holly Bennett	29	F	St Cloud	FL	29:17	9:27
71	Kent Phillips	20	M	Clarks Hill	SC	29:18	9:28
72	Becky Schaefer	24	F	Glen Burnie	MD	29:31	9:32
73	Ciara Loggins	20	F	Lynchburg	VA	29:31	9:32
74	Corrinna Chichester	21	F	Lynchburg	VA	29:32	9:32
75	Scott Price	48	M	Wooster	OH	29:33	9:32
76	Lucy Wooldridge	14	F	Evington	VA	29:33	9:32
77	Julius Tullano	18	M	Lynchburg	VA	29:44	9:36
78	Ashley Johnson	19	F	Ona	WV	29:57	9:40
79	Emily Pye	21	F	Willow Hill	PA	30:03	9:42
80	Kathryn Hatch	20	F	Lynchburg	VA	30:08	9:44
81	Luke Gray	18	M	Medford Lakes	NJ	30:08	9:44
82	Mary Bertsch	48	F	Lynchburg	VA	30:09	9:44
83	Nathan Myers	29	M	Leesburg	VA	30:09	9:44
84	Katie Mullaly	19	F	Lynchburg	VA	30:09	9:44
85	Hank Mullins	41	M	Forest	VA	30:33	9:52
86	Mark Bentsh	48	M	Lynchburg	VA	30:49	9:57

87	Jeremy Hansen	28	M	Madison Heights	VA	30:51	9:58
88	Steven Dancer	42	M	Jacksonville	NC	30:55	9:59
89	Ryan Dancer	16	M	Jacksonville	NC	30:57	10:00
90	Alex Mayberry	25	M	Lynchburg	VA	31:08	10:03
91	Grace Pallaria	20	F	Lynchburg	VA	31:11	10:04
92	Fatun Rochon	28	F	Dearborn	MI	31:11	10:04
93	Verity Merrick	23	F	Forest	VA	31:21	10:07
94	Nancy Blackwell	59	F	Lynchburg	VA	31:25	10:09
95	Sara Lloyd Bryant	52	F	Lynchburg	VA	31:28	10:10
96	Amie Holloway	22	F	Lynchburg	VA	31:31	10:10
97	Sarah Horton	21	F	LYNCHBURG	VA	31:40	10:13
98	Devon Osei	20	M	Lynchburg	VA	31:42	10:14
99	Karin Thompson	20	F	Lynchburg	VA	31:43	10:14
100	Julie Anne Osterhus	21	F	Lynchburg	VA	32:00	10:20
101	Kristen Overbey	22	F	Lynchburg	VA	32:05	10:21
102	Andrew Overbey	22	M	Lynchburg	VA	32:19	10:26
103	Vaughn Weeks	20	F	Lynchburg	VA	32:22	10:27
104	Morgan Adkins	19	F	Arlington	TX	32:34	10:31
105	Sara Stokes	20	F	York	SC	32:35	10:31
106	emily Franks	25	F	Damascus	MD	32:40	10:33
107	Nina Swigert	20	F	LYNCHBURG	VA	32:40	10:33
108	Yuliya Shabina	19	F	Lynchburg	VA	32:57	10:38
109	Jamie Venning	19	F	Wirtz	VA	33:00	10:39
110	August Muller	13	M	Lynchburg	VA	33:01	10:40
111	Dominik Jordan	9	M	Lynchburg	VA	33:01	10:40
112	Sierra Clearwater	21	F	Concord	VA	33:01	10:40
113	Kelly Marshall	21	F	Appomattox	VA	33:02	10:40
114	Leah Carr	23	F	Sterling	VA	33:03	10:40
115	Olivia Carr	18	F	Sterling	VA	33:12	10:43
116	Lex Hutchins	21	M	Lynchburg	VA	33:12	10:43
117	Mary Katlyn Macmast	21	F	Lynchburg	VA	33:17	10:45
118	Morgan Atkins	20	F	Lynchburg	VA	33:20	10:46
119	Mary Merat	25	F	Appomattox	VA	33:21	10:46
120	Mandy Hansen	23	F	Madison Heights	VA	33:21	10:46
121	Brian Cossman	37	M	Forest	VA	33:22	10:46
122	Bradleigh Adams	18	F	Lynchburg	VA	33:28	10:48
123	Mindy Sechrist	18	F	Red Lion	PA	33:29	10:49
124	Sabrina Diehl	20	F	York	PA	33:31	10:49
125	Emily Nusbaum	19	F	Forest	VA	33:33	10:50
126	Erin Stanton	18	F	Lynchburg	VA	33:51	10:56
127	Sheri Williams	34	F	Huddleston	VA	33:54	10:57
128	Karen White	58	F	New Market	MD	34:01	10:59
129	Brenda Ponce	20	F	Lynchburg	VA	34:02	10:59
130	Catherine Beuerle	24	F	Lynchburg	VA	34:03	11:00
131	Ben Hodges	23	M	Lynchburg	VA	34:03	11:00
132	Megan Wilson	18	F	Lynchburg	VA	34:05	11:00

133	shellie suffel	26	F	hardy	VA	34:15	11:03
134	Katie Masten	21	F	Lynchburg	VA	34:34	11:10
135	Weston Abramson	19	M	Lynchburg	VA	34:36	11:10
136	Sarah Wine	21	F	Lynchburg	VA	34:47	11:14
137	Sharon Dancer	39	F	Jacksonville	NC	34:48	11:14
138	Muller Brayden	7	F	Lynchburg	VA	34:52	11:15
139	Christian Muller	11	M	Lynchburg	VA	37:41	12:10
140	August Muller	43	M	Lynchburg	VA	38:01	12:16
141	Isabel Perry	11	F	Lynchburg	VA	38:01	12:16
142	Melissa Caruso-Earl	32	F	Lynchburg	VA	38:50	12:32
143	Janette Rodes	36	F	Amherst	VA	38:50	12:32
144	Tara Milliken	38	F	Willowspring	NC	39:31	12:45
145	Lori Ligon	48	F	jacksonville	FL	39:31	12:45
146	Katrina Strom	21	F	jacksonville	FL	39:39	12:48
147	John Upton	22	M	Chesterfield	VA	39:40	12:48
148	Hillam Wright	19	F	Lynchburg	VA	41:03	13:15
149	Ben Thorn	19	M	Lynchburg	VA	41:03	13:15
150	Elizabeth Stearns	20	F	Sussex	NJ	42:48	13:49
151	Becky Hollar	21	F	Lynchburg	VA	43:07	13:55
152	Joyce Perry	46	F	Lynchburg	VA	43:08	13:55
153	Ian Perry	11	M	Lynchburg	VA	44:41	14:25
154	Cortney Hilder	30	F	Lynchburg	VA	44:46	14:27
155	Laura Perri	54	F	Washington	PA	45:53	14:49
156	Bob Perri	26	M	Lynchburg	VA	45:53	14:49
157	Christina Redwood	30	F	Lynchburg	VA	48:27	15:38
158	Jared Scott	21	M	Lynchburg	VA	50:00	16:08

Deep Hollow Trail 5K
Lynchburg, VA October 15, 2011 8:10am

***** AWARDS LIST *****

***** MALE 5K RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
=====	=====	==	=====	==	=====	=====
1	Tim Shafer	20	Painesville	OH	19:11	6:11
2	Mike Richardson	20	North Highlands	CA	20:41	6:40
3	David Glass	46	Lynchburg	VA	21:04	6:47

***** FEMALE 5K RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
=====	=====	==	=====	==	=====	=====

1	Georgianna Estell	24	Lynchburg	VA	24:18	7:50
2	Celia Lee	18	Sweet Briar	VA	24:20	7:50
3	Kelsey Barta	18	Lynchburg	VA	24:30	7:54

***** MALE MASTERS RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
1	Felix Lopez	58	Lynchburg	VA	23:16	7:30

***** FEMALE MASTERS RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
1	Mary Bertsch	48	Lynchburg	VA	30:09	9:43

MALE AGE GROUP: 1 - 13

1	110 August Muller	13	Lynchburg	VA		
33:01						
2	111 Dominik Jordan	9	Lynchburg	VA		
33:01						
3	139 Christian Muller	11	Lynchburg	VA		
37:41						
4	153 Ian Perry	11	Lynchburg	VA		
44:41						

FEMALE AGE GROUP: 1 - 13

1	138 Muller Brayden	7	Lynchburg	VA		
34:52						
2	141 Isabel Perry	11	Lynchburg	VA		
38:01						

MALE AGE GROUP: 14 - 19

1	4 Matthew Benson	19	Lynchburg	VA		
21:15						
2	5 Joe Lane	18	Morgantown	WV		
21:16						
3	6 Brandon Hedrick	16	Gladstone	VA		
21:17						
4	7 Zachary Myers	19	Lynchburg	VA		
21:22						
5	9 Daniel Werning	18	Lynchburg	VA		
22:13						
6	12 James Melrose	17	Lynchburg	VA		
22:37						
7	18 Steven Sparks	18	Upperco	MD		

24:14	8	37 Brandon Kreisel	19 Lynchburg	VA
26:40	9	40 Jeff Wehberg	19 Lynchburg	VA
26:50	10	77 Julius Tullano	18 Lynchburg	VA
29:44	11	81 Luke Gray	18 Medford Lakes	NJ
30:08	12	89 Ryan Dancer	16 Jacksonville	NC
30:57	13	135 Weston Abramson	19 Lynchburg	VA
34:36	14	149 Ben Thorn	19 Lynchburg	VA
41:03				

FEMALE AGE GROUP: 14 - 19

	1	24 Amanda King	19 Lynchburg	VA
24:51	2	27 Erika Peiffer	19 Wyomissing	PA
25:33	3	34 Erin Sharick	18 Lynchburg	VA
26:26	4	36 Mary Christenson	19 Mt. Bethel	PA
26:38	5	38 Emily Brooks	18 Lynchburg	VA
26:41	6	41 Renee Orth	19 Lynchburg	VA
26:53	7	42 Caitlyn Mello	19 Lynchburg	VA
26:56	8	47 Sarah Singer	19 Lynchburg	VA
27:25	9	54 Sarah Melrose	19 Sweet Briar	VA
28:00	10	55 Caroline Ladson	18 Sweet Briar	VA
28:00	11	57 Abigael Manzoni	19 Lynchburg	VA
28:16	12	76 Lucy Wooldridge	14 Evington	VA
29:33	13	78 Ashley Johnson	19 Ona	WV
29:57	14	84 Katie Mullaly	19 Lynchburg	VA
30:09	15	104 Morgan Adkins	19 Arlington	TX

32:34				
16	108	Yuliya Shabina	19 Lynchburg	VA
32:57				
17	109	Jamie Venning	19 Wirtz	VA
33:00				
18	115	Olivia Carr	18 Sterling	VA
33:12				
19	122	Bradleigh Adams	18 Lynchburg	VA
33:28				
20	123	Mindy Sechrist	18 Red Lion	PA
33:29				
21	125	Emily Nusbaum	19 Forest	VA
33:33				
22	126	Erin Stanton	18 Lynchburg	VA
33:51				
23	132	Megan Wilson	18 Lynchburg	VA
34:05				
24	148	Hillam Wright	19 Lynchburg	VA
41:03				

MALE AGE GROUP: 20 - 29

	1	8	Steve Thomas	23 Lynchburg	VA
21:35					
2	10	Robert Ingersoll	20 Lynchburg	VA	
22:22					
3	11	Strom Carter	25 Lynchburg	VA	
22:32					
4	13	Jared Abramewicz	21 Lynchburg	VA	
23:05					
5	31	Adam Pannabecker	21 Crozet	VA	
25:44					
6	32	Justin Merrick	23 Forest	VA	
25:55					
7	33	James Mitchell	20 Manassas	VA	
26:22					
8	35	Ben Taylor	21 Springdale	AR	
26:33					
9	45	Bryan Wheeler	20 Lynchburg	VA	
27:23					
10	48	Michael Conche	20 Lynchburg	VA	
27:32					
11	58	Terence Sanford	22 Virginia Beach	VA	
28:18					
12	64	Brandon Frederick	24 Lynchburg	VA	
28:33					
13	71	Kent Phillips	20 Clarks Hill	SC	

29:18				
14	83 Nathan Myers	29	Leesburg	VA
30:09				
15	87 Jeremy Hansen	28	Madison Heights	VA
30:51				
16	90 Alex Mayberry	25	Lynchburg	VA
31:08				
17	98 Devon Osei	20	Lynchburg	VA
31:42				
18	102 Andrew Overbey	22	Lynchburg	VA
32:19				
19	116 Lex Hutchins	21	Lynchburg	VA
33:12				
20	131 Ben Hodges	23	Lynchburg	VA
34:03				
21	147 John Upton	22	Chesterfield	VA
39:40				
22	156 Bob Perri	26	Lynchburg	VA
45:53				
23	158 Jared Scott	21	Lynchburg	VA
50:00				

FEMALE AGE GROUP: 20 - 29

1	22 Heather Melin	20	Lynchburg	VA
24:33				
2	26 Michelle Messier	20	Sweet Briar	VA
25:25				
3	30 Rachel Hill	21	Fort Collins	CO
25:41				
4	39 Jess Graham	20	Lynchburg	VA
26:47				
5	46 Suzannah Feldman	20	Lynchburg	VA
27:23				
6	49 Stephanie Barrick	25	Forest	VA
27:33				
7	50 Lydia Marsh	21	Lynchburg	VA
27:33				
8	51 Joy Lippard	20	Lynchburg	VA
27:35				
9	52 Kathryn Sibande	28	lynchburg	VA
27:47				
10	56 Kate Waller	28	Lynchburg	VA
28:14				
11	59 Alexis Rukenbrod	20	Amherst	VA
28:25				
12	60 Katie Brucker	21	Lynchburg	VA

28:28	13	61 Joy James	28 Lynchburg	VA
28:30	14	62 Sarah Chittwood	21 Lynchburg	VA
28:32	15	63 Melissa Anderson	20 Crozet	VA
28:32	16	66 Ashley Renee Denson	26 Lynchburg	VA
28:52	17	67 amarilis betancourt	20 Lynchburg	VA
28:53	18	68 Lauren Averette	21 Lynchburg	VA
28:57	19	69 Heidi Dalton	27 Hurt	VA
29:11	20	70 Holly Bennett	29 St Cloud	FL
29:17	21	72 Becky Schaefer	24 Glen Burnie	MD
29:31	22	73 Ciara Loggins	20 Lynchburg	VA
29:31	23	74 Corrinna Chichester	21 Lynchburg	VA
29:32	24	79 Emily Pye	21 Willow Hill	PA
30:03	25	80 Kathryn Hatch	20 Lynchburg	VA
30:08				

MALE AGE GROUP: 30 - 39

	1	15 Thandizo sibande	30 lynchburg	VA
23:27	2	25 Joshua Rochon	30 Dearborn	MI
25:21	3	28 Brad Blackburn	32 Fort Myers	FL
25:34	4	121 Brian Cossman	37 Forest	VA
33:22				

FEMALE AGE GROUP: 30 - 39

	1	23 Shelley Stephens	37 Evington	VA
24:46	2	43 Sarah Taylor	31 Roanoke	VA
27:11	3	44 CHRISTIE DELONG	39 BEDFORD	VA
27:13	4	127 Sheri Williams	34 Huddleston	VA

33:54	5	137 Sharon Dancer	39 Jacksonville	NC
34:48	6	142 Melissa Caruso-Earl	32 Lynchburg	VA
38:50	7	143 Janette Rodes	36 Amherst	VA
38:50	8	144 Tara Milliken	38 Willowspring	NC
39:31	9	154 Cortney Hilder	30 Lynchburg	VA
44:46	10	157 Christina Redwood	30 Lynchburg	VA
48:27				

MALE AGE GROUP: 40 - 49

	1	16 Tim Ernest	48 Lynchburg	VA
23:31	2	17 Mike Delong	44 Lynchburg	VA
23:45	3	29 Tim Perry	48 Lynchburg	VA
25:37	4	65 Daniel Ward	47 Bristol	NH
28:33	5	75 Scott Price	48 Wooster	OH
29:33	6	85 Hank Mullins	41 Forest	VA
30:33	7	86 Mark Bentsh	48 Lynchburg	VA
30:49	8	88 Steven Dancer	42 Jacksonville	NC
30:55	9	140 August Muller	43 Lynchburg	VA
38:01				

FEMALE AGE GROUP: 40 - 49

	1	145 Lori Ligon	48 jacksonville	FL
39:31	2	152 Joyce Perry	46 Lynchburg	VA
43:08				

MALE AGE GROUP: 50 - 59

	1	53 Steve Pettit	53 Forest	VA
27:59				

FEMALE AGE GROUP: 50 - 59

	1	94 Nancy Blackwell	59 Lynchburg	VA
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31:25				
2	95 Sara Lloyd Bryant	52 Lynchburg		VA
31:28				
3	128 Karen White	58 New Market		MD
34:01				
4	155 Laura Perri	54 Washington		PA
45:53				

MALE AGE GROUP: 60 - 99
NO FINISHERS

FEMALE AGE GROUP: 60 - 99
NO FINISHERS